

Thetford Town FC Medical Emergency Action Plan Form

Club Name: Thetford Town FC
Club Address: Recreation Ground Mundford Road THETFORD IP24 1NB
Names and telephone numbers of First Aiders: All Youth/Adult Managers. Name and telephone number of Facility Managers/Safety Officers: Gate Code Holders Nigel Armes – 07778 929202 Darren Iles 07764943461 Glenn Scott 07375087744
Location of Club First Aid Room: Under the main stand tunnel then turn left. First Aid also in youth tea Hut
Location of Defibrillator: On top of main stand from Youth Pitches use gate to main pitch, this can be unlocked with a key that every team manager has.
Location of First Aid Kits: All Youth /Adult also in Clubhouse and in main hallway in changing rooms
Location of Stretcher: To the right of the tunnel entrance
Access Routes: For ambulance into club Main gates on Mundford Road, access directly opposite onto pitch, on Youth Pitches will be the main double gates next to Muga gate code is with all Youth Mangers Group also contact numbers as per the above.
Nearest Hospital Emergency Department: West Suffolk Hospital Directions: Hardwick Lane, Bury St. Edmunds, IP33 2QZ Head South on Mundford Road (A1066), At roundabout take 2 nd exit Hurth Way (A1066), At roundabout take 3 rd exit on to Castle Street, turn left onto Castle Lane, turn left onto Nun's Bridges Road, turn left onto Bury Road (A134), continue onto Bury St. Edmunds, follow signs to A+E Distance/Journey time: 16 miles/28 minutes
Nearest Hospital Neurological Unit for head injuries: West Suffolk Hospital Directions: As above Distance/Journey time: as above
Nearest Minor Injuries Unit/Walk in Centre: Community Healthy Living Centre Croxton Road Directions: Leave ground via gate on right in main car park, Healthy Living Centre is building directly in front of you, entrance is opposite end of the building Distance/Journey time: 100 m, 3 mins.